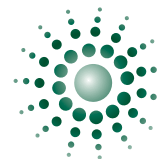


You Matter

The Latest News from San Diego Hospice and The Institute for Palliative Medicine



SAN DIEGO HOSPICE
and The Institute for Palliative Medicine

The Institute for Palliative Medicine

The Center for Grief Care and Education

Comprehensive Care Management Programs

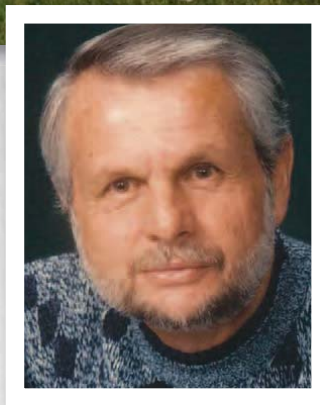


Team Harpenau

Through Tragedy We Discover How We Are Remarkably Alike

It was an awe-inspiring sight: on the morning of February 6, 2010, hundreds of community members, along with volunteers and staff of San Diego Hospice and The Institute for Palliative Medicine (SDHIPM), braved the possibility of severe storms and cold weather to participate in Melisa's Memorial 5K Walk and Fun Run to benefit SDHIPM. And the focus wasn't on bad weather; rather, there was joy, sadness, determination, hope, pride, support and love. Participants like Shirley Harpenau, who led a team of more than 43 participants in memory of her beloved husband Ken (who died almost one year to the day of the walk), were there to celebrate life and thank SDHIPM for the support her family received during Ken's illness. It was a story that echoed throughout the event. It was a reminder that through tragedy, we discover how we are remarkably alike.

According to Liane Fry, LMFT, Program Manager for The Center for Grief Care and Education, these acts of mourning seem rooted in our need to give form to feelings and thoughts, to concretely honor



"Team Harpenau" at Melisa's 5K Memorial Walk/Run commemorating the life of Ken P. Harpenau (above).

the deceased, and to demonstrate what the deceased mean to us. Further, these acts also serve, whether intentionally or as a by-product, to draw a community of grievers together. In addition, it has been said that no matter what the act of mourning, regardless of the relationship to the deceased, human beings are compelled to act in accordance to the powerful experience of grief. Whether we proceed in a moving candlelight vigil or participate in a memorial walk, we are acting and we are memorializing. And in that process, as human beings, we weave a tapestry of collective meaning and create sacredness in the face of loss and grief.

In addition to remembering those close to us, we also want to help others who may be on a similar journey – the importance of letting others know that they don't have

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NEW CAREGIVER'S BLOG

Get timely information from our new blog:

The Caregiver's Corner

sandiegocaregiversblog.com

The Caregiver's Corner is our new blog, dedicated to all the amazing people in our community who are caring for someone in need of assistance, such as the elderly or the chronically or seriously ill. This site is a place for caregivers to come and get answers, find new information, learn about healthcare resources available in our community.

We admire the effort and dedication it takes to care for someone in need of assistance and we understand how strenuous it can be – physically and emotionally. We want caregivers to know that they are not alone – San Diego Hospice is here to help.

Visit The Caregiver's Corner Blog at sandiegocaregiversblog.com

Through Tragedy We Discover How We Are Remarkably Alike

(Continued from page 1)

to go through dealing with a life-limiting illness alone – San Diego Hospice can help. Shirley Harpenau recalls her hospice experience.

“Because Ken and I were blessed with a period of time like no other (we were married for 39 years), we were able to speak frankly about our end-of-life needs. And, because we had only one child, we did not want to trouble him with these sorts of decisions. Furthermore, we had these discussions prior to Ken’s illness which was diagnosed in 2000.” Shirley and Ken both shared the desire to be cared for at home at the end of life and were familiar with the work of San Diego Hospice. “Those conversations are so much easier done when you are well and not facing what turned out to be a 10-year battle with Ken’s illness. That was a true blessing.”

Although Ken and Shirley were able to discuss their healthcare goals and the desire for hospice care if and when it would be needed, it is also understandable that hospice care is a difficult subject to discuss. And because of the myths and misconceptions surrounding hospice care, many think of hospice as giving up hope. But, for thousands of patients and families who have received San Diego Hospice care, they shared that hospice can help redefine hope. They shared that San Diego Hospice offered hope that a secure and familiar care-setting can be enjoyed; hope for freedom from fears of isolation, abandonment, loneliness, loss of control and physical pain; and hope that the family will be nurtured and supported, even after the death of the patient, through supportive bereavement services.

“Don’t be afraid to call in San Diego Hospice, it’s not a death knell,” said Shirley. “Hospice is a remarkable blessing that allows you so much freedom from worry. What is going to happen is going to happen, but if you can make it as positive an experience as you can, your life will be made so much better. I can tell you after the fact, knowing that every step taken was dedicated to Ken’s well being, made my grief so much easier to take.”

Moving Forward

As we spring forward in 2010, I am pleased to announce some exciting updates.



Arthur C. Johnson, MD, is the new Chair of our talented and dedicated Board of Directors. Dr. Johnson has served on our Board since 2004 and has had a long and distinguished career in serving his country, the medical profession and the community. He served in the US Navy on active duty as the general medical officer for Destroyer Division Twelve of the Pacific Fleet. A Fellow of the American College of Physicians and of the American College of Gastroenterology, Dr. Johnson has practiced medicine in the San Diego area since 1968. He has served as President of the San Diego Internal Medicine Society and President of the San Diego Gastroenterological Society. Prior to his retirement in 2003, Dr. Johnson was head of the Division of Gastroenterology at Scripps Clinic and a Clinical Professor of Medicine at UCSD. Dr. Johnson continues to be active in the La Jolla Rotary and is currently serving on its Board as well. Along with the appointment of Dr. Johnson as Chair, we acknowledge Board Trustee Kaye Woltman who will continue on our Board of Directors as Past Chair. In addition, we welcome one returning and two new board members: **George Olmstead**, who served on our Board from 1996 through 2001, and again in 2003 through 2008; **Donna Marie Robinson**, Vice President of San Diego National Bank’s Community/Commercial Lending division; and **Ruth Westreich**, President of The Westreich Foundation.

We are thrilled and grateful to have the support of all of our volunteer Board of Directors and appreciate their dedicated efforts in furthering the mission of our organization. A complete list of our Board is available on the back of this newsletter.

Recently, the organization hosted its first-ever Walk: **Melisa’s Memorial 5K Walk and Fun Run** which is considered the most successful first-year Walk in San Diego. More about this event is featured on page 5 of this newsletter.

Finally, our Institute for Palliative Medicine (IPM) celebrated 20 years of world-class education and research initiatives. In appreciation to the many donors and foundations that have supported The Institute’s work, a special anniversary celebration was held with special guests San Diego City Councilmember Todd Gloria and Mayor Jerry Sanders. Mayor Sanders poignant speech talked about his family’s experience with hospice care and how grateful he was to SDHIPM

for its leadership efforts in advancing this specialized field locally, nationally and globally. You can view the Mayor’s speech on SDHIPM’s YouTube channel at <http://www.youtube.com/SanDiegoHospice>.



IPM Provost Dr. Charles von Gunten, Mayor Jerry Sanders, and Chief Development Officer Kathleen Pacurar.

One thing is certain – we can only continue to make a difference in the lives of those living with a life-limiting illness, and further transform healthcare for the better, with your support. On so many levels, you and what you do matters. And we are forever grateful.

Sincerely,

Kathleen Pacurar
Chief Development Officer



San Diego's Hidden Jewel Celebrates 20 Years of World Class Achievements

For two decades, The Institute for Palliative Medicine at San Diego Hospice has been at the forefront of national and international efforts to improve the quality and accessibility of palliative care through scientific research, professional education, and evidence-based advocacy. Since its inception in 1989, The Institute for Palliative Medicine (formerly known as The Center for Palliative Studies) has had presence in 45 countries to build interdisciplinary teams of physicians, nurses, social workers and spiritual counselors capable of providing quality palliative care.

In honor of 20 years of world-class education and research achievements, and to thank the many donors and foundations that have supported The Institute's work over the years, an anniversary celebration was held in honor of

The celebration also served as the official award presentation of the inaugural Hastings Center Cunniff-Dixon Award to The Institute's Dr. Jeffery Stoneberg, given by The Hastings Center President Thomas Murray and Cunniff-Dixon Foundation Founder Andrew Baxter.

"This is an extraordinary achievement for someone so early in his career," said Dr. von Gunten. "Not only has Jeff helped to grow the Scripps Mercy Palliative Medicine Consultation Service, his clinical skills are outstanding, earning him confidence from patients and his peers alike. He never forgets that he is first and foremost a physician, and a healer - which is the heart of this national award."



Mayor Jerry Sanders with SDHIPM founding member Dr. Doris Howell

IPM Director of International Programs Dr. Frank Ferris (right) talks with The Hastings Center President Thomas Murray

IPM Provost Dr. Charles von Gunten, Medical Director Dr. Jeffrey Stoneberg, and Scripps Mercy Hospital Chief Executive Tom Gammere.

San Diego City Councilmember Todd Gloria and IPM Executive Director Helen McNeal

The Institute for Palliative Medicine. This past January, San Diego Mayor Jerry Sanders, San Diego City Councilmember Todd Gloria, and local, national and international business leaders participated in the historic event.

"Understanding that our ability to relieve suffering has never been more powerful in the history of medicine," noted Dr. Charles von Gunten, Provost. "Discovering and disseminating that knowledge is our goal at The Institute for Palliative Medicine."

Highlights of the anniversary celebration included the presence of 22 emerging international palliative care physician leaders to San Diego, California, selected to participate in the new International Palliative Care Leadership Development Initiative, led by Dr. Frank Ferris, Director of International Programs at The Institute for Palliative Medicine. In addition, representatives from the **Open Society Institute, National Cancer Institute** and **The Diana, Princess of Wales Memorial Fund** – all funders of the International Leadership Initiative – were present for the celebration.

The Institute for Palliative Medicine is extremely grateful to its funders locally, and from around the world, which support The Institute's programs and initiatives in helping to transform healthcare.

The Gary and Mary West Foundation

The Archstone Foundation

WebMD Health Foundation

The Leichtag Family Foundation

The San Diego Jewish Community Foundation

The Carlsbad Charitable Foundation

The San Diego Foundation

The California Healthcare Foundation

The Westreich Foundation

The Parker Foundation

The SCAN Foundation

The Hearst Foundation

United Healthcare Foundation

"At the core of our beliefs, we believe that no one should live in pain, no one should live in fear, and no one should die feeling alone," said Helen McNeal, Executive Director. "The incredible support we receive from foundations and donors help to make these beliefs a reality for patients and families everywhere."

You can make a difference for thousands, even millions of patients and families locally, nationally and internationally. You can support the world-class education, research and advocacy being conducted by The Institute for Palliative Medicine. For information, contact Traci Bruckner, Executive Director for the San Diego Hospice Foundation, at tbruckner@sdhospice.org or call (619) 278-6447.

Myths and Facts about Hospice Care

A survey was conducted among San Diego County residents to determine the awareness of hospice care in our community. The survey results showed that the majority of County residents had heard of hospice; however, more than half of respondents were not able to name any hospice services specifically. Most did not know that hospice provides bereavement support, special programs for children, most insurance programs cover the cost of hospice care, or that people have a choice of which hospice program to receive services from (in most cases). The following list of myths and facts have been developed to improve the understanding of hospice care.

MYTH

Medicare provides only six months of hospice care, so enrollment should be delayed as long as possible.

FACT

Medicare law does not time-limit the hospice benefit. Patients have access to the Medicare Hospice Benefit as long as the patient's physician and the hospice medical director certify that the patient's illness is still considered "terminal," with an estimated life-expectancy of six months or less.

MYTH

All hospice care is the same.

FACT

Even in the same community, hospice programs can differ in the services and/or treatments that are offered to patients and their family members. Currently, there are 16 different hospice programs in San Diego County, all independent of each other. San Diego Hospice and The Institute for Palliative Medicine is the oldest, most experienced not-for-profit hospice program in San Diego County and offers the most comprehensive hospice and palliative care services for adults and children. In most cases, individuals can choose which hospice program to receive services from.

MYTH

Patients cannot receive chemotherapy or radiation while on hospice care.

FACT

While some hospice programs may not provide treatments such as chemotherapy or radiation, San Diego Hospice and The Institute for Palliative Medicine will evaluate these needs on an individual patient basis. If the treatment promotes comfort and quality of life, San Diego Hospice and The Institute for Palliative Medicine patients may receive treatments like chemotherapy or radiation.

MYTH

You can't keep your own doctor on hospice.

FACT

Patients can keep their primary physician while they are receiving hospice care. Most hospices establish working relationships with a wide base of referring physicians so that patients can keep their own doctors on admission to hospice care.

MYTH

Hospice is only useful for heavy-duty pain medications.

FACT

Hospice care is designed to provide not only medical care but also social, psychological, and spiritual support delivered by an interdisciplinary hospice team that may include a nurse, social worker, chaplain, home health aide, and other professionals and trained volunteers.

MYTH

Hospice means giving up hope.

FACT

Hospice can help redefine hope for patients and their loved ones. Hospice workers recognize the importance of hope as a powerful, ever-changing force that continues throughout the time of living and process of dying. Hospice offers hope that a secure, familiar care setting can be enjoyed. Hospice offers hope for freedom from fears of isolation, abandonment, loneliness, loss of control and physical pain; and hope that the family will be nurtured and supported, even after the death of the patient, through bereavement services.

MYTH

Hospice is only for cancer patients.

FACT

Hospice care is available to individuals with advanced illnesses including end-stage heart and lung disease, cancer, ALS, Alzheimer's, AIDS, or severe birth defects. Hospice care also supports the patient's family members and loved ones of all ages during the illness and offers extensive bereavement support after the death.

MYTH

Hospice is a place, so you must leave home to receive hospice care.

FACT

Hospice is a philosophy of care for people who are living with an advanced or life-limiting illness. Care is provided in the patient's home or wherever the patient resides, including in residential, skilled nursing, and assisted living facilities, as well as in the San Diego Hospice and The Institute for Palliative Medicine Inpatient Care Center, and the San Diego Hospice Center at GlenBrook Skilled Nursing.

MYTH

Hospice patients must sign a Do Not Resuscitate form (DNR) to receive care.

FACT

San Diego Hospice and The Institute for Palliative Medicine does not require patients to complete a Do Not Resuscitate (DNR) form to receive hospice services at home, in long-term care facilities or in contracted hospitals; however, a DNR form is required prior to admission to the San Diego Hospice and The Institute for Palliative Medicine Inpatient Care Center.

MYTH

Hospice is expensive.

FACT

Hospice care is a cost-effective and valuable healthcare resource for individuals living with a life-limiting illness. Most insurance providers, including Medicare and Medi-Cal, cover the cost of hospice care. San Diego Hospice and The Institute for Palliative Medicine also has funds for individuals without insurance or the means to pay for hospice services.



San Diego Women's Week

April 19-24, 2010

Inspire...Empower...Connect

The first annual San Diego Women's Week, presented by The San Diego North Chamber of Commerce (SDNCC) and Sony, will take place April 19-24, giving San Diegans an opportunity to hear inspirational speakers, participate in forward looking forums, and empower themselves. SDHIPM is a proud partner of the weeklong event, supporting the communities we serve throughout San Diego and North County.

SDHIPM Chief Development Officer **Kathleen Pacurar** is among an impressive line-up of speakers presenting at the event. Kathleen will speak on "Caring for Our Parents and Ourselves" on Tuesday, April 20 at 7 p.m. Other speakers include Former First Lady of California Gayle Wilson, "The White House Doctor" Author Dr. Connie Mariano, Croce's Restaurant Owner Ingrid Croce, "My Big Fat Greek Diet" Author Dr. Nick Yphantides, KGTV News Anchor Carol LeBeau, The Tony and Alicia Gwynn Foundation's Dr. Alicia Gwynn, Model/Actress/Designer Lauren-Elaine, PGA Golf Professional Tina Mickelson, and The Amazing Race Winner and San Diegan Meghan Rickey.

"San Diego Women's Week will be a premier gathering of thousands of women from across all communities, organizations and industries. The week is designed to inspire, empower, and connect woman leaders, executives, professionals, and young entrepreneurs from around the region," said SDNCC President and CEO, Debra Rosen.

Each evening will showcase inspiring speakers, exhibitors, unique shopping and forums for networking and education. Topics for the week will consist of health, fitness, financial, legal, retail, fashion, business, the arts and entrepreneurship. There will also be a luncheon on Saturday, April 24.

For more information on event speakers, schedule and tickets, visit www.sdwomensweek.com or call (858) 487-1767.



MELISA'S MEMORIAL 5K WALK AND FUN RUN

Raises more than \$170,000



Walk Chair Marty Pendarvis (right)



Richard & Kaye Woltman



Participants stretch before the event

Not even the rain could dampen the spirits of participants in the first ever Melisa's Memorial 5K Walk and Fun Run held by San Diego Hospice and The Institute for Palliative Medicine on Saturday, February 6, at Liberty Station.



Team Harpenau



Team Melisa



Pawsitive Pals therapy dogs and their handlers



Top individual fundraiser, Shirley Harpenau, is presented with her certificate by Walk Chair Marty Pendarvis and KFMB TV Anchor Carlo Cecchetto.

Melisa's Memorial 5K Walk and Fun Run set a record for the largest first year event of its kind ever held in San Diego County. More than 1,200 participants on 105 teams raised over \$170,000 to support hospice and palliative medicine programs throughout San Diego County.

La Jolla Rotary was the largest single team with 52 walkers, and Team Melisa led all teams in fundraising with \$14,590. Shirley Harpenau raised the most money as an individual with \$2,760. The "Crooked Halos" team was selected as the most creative. The "Go Getter" Award for the highest number of donations received by one individual went to Marie Bustos with 24 donors.

The event was the dream of Kaye and Richard Woltman, in honor of their daughter Melisa Reasner McGuire. She was a compassionate, caring person who lost her valiant battle with non-Hodgkin lymphoma in December of 2002.

At the Walk's awards ceremony, Richard Woltman thanked all of the participants. "Melisa died when she was 37 years old. In her young life, she accomplished so much. One of her greatest accomplishments were the relationships she created with everyone she met - because Melisa truly cared about people."

"That's why Kaye and I are so proud to have this event in her memory, which supports San Diego Hospice and The

Institute for Palliative Medicine. For 33 years, the organization has provided their compassionate, expert medical care to help make the most of each moment for as long as life lasts. In the spirit of Melisa's legacy, all of you are making a difference in the lives of those affected by serious illness through your support of Melisa's Memorial 5K Walk and Fun Run."

San Diego Hospice and The Institute for Palliative Medicine thanks presenting sponsors Girard Securities, Inc. and Kaye and Richard Woltman, with support from The Jack in the Box Foundation, Barney & Barney LLC, KYYX-FM Radio and morning personality Kevin Dean, KFMB-TV and anchor Carlo Cecchetto, Gary Kelley and The Kelley Company, Solare Restaurant, Bombay Exotic Cuisine of India, San Diego County Credit Union, Smart & Final, Sunset Press, ResMed, Spice of Life and the hundreds of devoted walkers and their supporters.

Check out photos and video from the event on San Diego Hospice's Facebook page at <http://www.facebook.com/SanDiegoHospice>. If you participated in Melisa's Memorial 5K Walk and Fun Run and have photos that you would like to share, we invite you to post your pictures on our Facebook page as well.



La Jolla Rotary Team



Team Volunteer



Kids enjoyed face-painting and other activities

SAN DIEGO HOSPICE
and The Institute for Palliative Medicine



MELISA'S MEMORIAL 5K WALK AND FUN RUN

SAVE THE DATE

The 2nd Annual Melisa's Memorial 5K Walk and Fun Run is set for Saturday, April 2, 2011. Information will be posted online at www.sdhospice.org/walk as it becomes available.

You can help

to ensure
the future of



SAN DIEGO HOSPICE
and The Institute for Palliative Medicine

Often providing valuable tax benefits to our donors, planned gifts allow San Diego Hospice and The Institute for Palliative Medicine (SDHIPM) to continue to grow knowing that we will have the necessary support for our programs and services in the future. Also, many planned gifts provide secure income for life for the donor, thus providing a double benefit. SDHIPM has created **The Benefactors Society** to recognize and honor those who make such gifts. We would love to welcome you as a member.

For more information about planned giving or for an illustration of how a planned gift would work in your specific situation, please contact us by mailing the attached coupon, or contact Dana Weintraub, Director of Philanthropy, at dweintraub@sdhospice.org or call (619) 278-6185. Also, if you have included a gift to SDHIPM in your estate plan, we encourage you to let us know so that we can recognize you and welcome you into The Benefactors Society.

Planned gifts can take many forms including:

- Bequests through wills or trusts.
- Life-income gifts such as charitable gift annuities, pooled income fund gifts, charitable remainder trusts, and charitable lead trusts.
- Gifts of stocks, bonds, mutual funds or real property.
- Gifts of life insurance and gifts from Individual Retirement Accounts (IRAs) or other retirement plan benefits.

I would like more information about planned giving:

- Bequests
- Gifts of stock, bonds, mutual funds or real property
- Gifts of life insurance and gifts from Individual Retirement Accounts (IRAs) or other retirement plan benefits
- Life-income gifts
- General information about planned giving

I have included San Diego Hospice and The Institute for Palliative Medicine in my estate plans (and have not already notified the organization).

Name _____

Birth date _____

Phone _____

Address _____

City/State/ZIP _____

E-mail _____



Mail to:

ATTN: Dana Weintraub, Director of Philanthropy
San Diego Hospice Foundation
4311 Third Avenue, San Diego, CA 92103

CAMP ERIN SAN DIEGO

June 11 -13, 2010



Camp Erin San Diego is an annual weekend camp experience offered at no charge to children ages 6 to 17 who have been impacted by a death. **Camp Erin San Diego** combines a traditional, high-energy, fun camp with grief support and education. Campers can benefit from being with others who have had similar experiences. **Camp Erin San Diego** is made possible through The Moyer Foundation and local sponsors which include The Padres Foundation and Ellen Browning Scripps Foundation.

For more information, contact The Center for Grief Care and Education at San Diego Hospice at camperin@sdhospice.org or call (619) 278-6480.

Consider becoming a Camp Erin volunteer!

Please join us if you would like to offer your skills as a RN, troubadour, or story-teller and are available **June 11-13, 2010**. Make a difference in the lives of grieving children. If you are interested, e-mail camperin@sdhospice.org or call (619) 278-6480.

SAVE THE DATE



THIRD ANNUAL SAN DIEGO HOSPICE INVITATIONAL GOLF TOURNAMENT

BENEFITING THE CENTER FOR GRIEF CARE
AND EDUCATION and **CAMP ERIN SAN DIEGO**

TUESDAY, SEPTEMBER 14TH, 2010
THE CROSBY AT RANCHO SANTA FE

For more info contact Tylie Daniels at
619-278-6509 or tdaniels@sdhospice.org
www.sdhospice.org/golf



SAN DIEGO HOSPICE
and The Institute for Palliative Medicine

San Diego Hospice NOTABLES

Carlene Gibbons, RN was honored as a Peacemaker Award winner by the Coronado Human Relations Commission (Faith category). Carlene was recognized as "a religious or spiritual leader" in Coronado, whose work has been especially effective in promoting and building peace through human relations. Carlene was presented with her award on April 1 at an event held in the Coronado Community Center.



Scott Irwin, MD, PhD was recognized as a Health Hero by the United Way/CHAD for his contributions in our health industry, including his award-winning Palliative Care Psychiatry Program – the only program of its kind nationally – helping to improve quality of life for all San Diegans. Scott and other honorees were recognized at a breakfast awards ceremony held at The Prado in Balboa Park on March 18.



Patient Care Volunteer **Sharon Adams**, was one of six recipients of the Grossmont Healthcare District Healthcare Hero Awards honoring East County residents whose volunteer efforts help advance the delivery of quality healthcare in the region. Sharon has volunteered with SDHIPM for 15 years, working directly with San Diego Hospice patients and their families in the East County, as well as in our Inpatient Care Center.



Values in Action (VIA) – Each quarter, SDHIPM staff nominate their colleagues for VIA Awards, recognizing staff who go "above and beyond" the call of duty in exemplifying one of our core values: Respect, Innovation, Trust or Excellence. The following staff were recognized:

- Respect: **Marilyn Brown, RN**
Innovation: **Sandy Titschler, MSW** and **Traci Bruckner**
Trust: **Nancy Magee, MSW** and **Lainie Pishroyan, RN**
Excellence: **Sarah Cupples** and **Tracy Williams, CHHA**

For information regarding the programs and services offered by San Diego Hospice and The Institute for Palliative Medicine, visit www.sdhospice.org or call (619) 688-1600.

2010 EVENTS CALENDAR

The Benefactors Society Afternoon Tea (Invitation Only)

Sunday, April 18
2:00 to 4:00 p.m.

SDHIPM Inpatient Care Center
4311 Third Avenue
(W.M. Keck Conference Center)

Please contact Nicole Winfield at
(619) 278-6250.

Speakers Bureau/Info Booth Host Training

Help raise awareness about SDHIPM either as a presenter in our Speakers Bureau or hosting a Health Fair/Community Info Booth on behalf of SDHIPM. Note: Info Booth Host Training takes place during Volunteer Enrichment Session.

Saturday, May 1
Speakers Bureau Training
9:00 a.m. to 12 Noon

RSVP: marketing@sdhospice.org
or call (619) 278-6379

Thursday, June 24
Info Booth Host Training
7:00 to 8:00 p.m.

RSVP: volunteer@sdhospice.org
or call (619) 278-6451

Benefit on the Bay Anglers Bottom Fishing Tournament and Fish Fry Banquet

Saturday, May 8
7:30 a.m. Start
Southwestern Yacht Club

Join the Southwestern Yacht Club (SWYC) Anglers for a fun day of fishing! Starting with a complimentary breakfast and ending with the Fish Fry Banquet, Awards Ceremony and Raffle! Great prizes specifically for Men, Women and Juniors!

To register for the tournament and/or Fish Fry Banquet, please contact the SWYC Office at info@southwesternyc.com or call (619) 222-0438, Rob Witters at (760) 807-3292.

Patient Care Volunteer Training

Thursdays, May 13 and 20
Saturdays, July 17 and 24
8:30 a.m. to 5:00 p.m.

Help make a difference in your community by becoming a patient care volunteer. For more information or to schedule a pre-training orientation, e-mail us at volunteer@sdhospice.org or call (619) 278-6451.



Art Reception

Sunday, May 16
Sunday, July 11
Sunday, September 12
2:00 to 4:00 p.m.

SDHIPM Inpatient Care Center

Art exhibits at San Diego Hospice and The Institute for Palliative Medicine showcase the work of local artists in the upper gallery of the Inpatient Care Center. Meet local artists, view their work and enjoy wine and hors d'oeuvres. Admission is free and open to the public. For more information, please call Sandy Hanna in the San Diego Hospice Foundation at (619) 278-6100.

Friends of Hospice Donor Reception (Invitation Only)

Wednesday, May 26
5:00 to 7:00 p.m.

SDHIPM Inpatient Care Center
4311 Third Avenue
(W.M. Keck Conference Center)

Please contact Korie Duke at
(619) 278-6440.

Essential Oil Therapeutics Seminar with Robert Tisserand

Saturday, May 15
9:00 a.m. to 4:30 p.m.

SDHIPM Inpatient Care Center
4311 Third Avenue
(W.M. Keck Conference Center)

Learn about the concept of and evidence base for aromatherapy as integrative medicine.

\$160 registration fee by April 15
\$185 registration fee after April 15

Register online at
www.roberttisserand.com
or call (619) 405-0589.



Camp Erin San Diego Registration Open: Now-June

Camp Date: June 11-13, 2010
Camp Marston - Julian, CA

Camp Erin San Diego is an annual weekend camp experience offered at no charge to children ages 6 to 17 who have been impacted by a death. It combines a traditional, high-energy, fun camp with grief support and education. For more information email camperin@sdhospice.org or call (619) 278-6480.

SAVE THE DATE

3rd Annual San Diego Hospice Invitational Golf Tournament

Tuesday, September 14
The Crosby at Rancho Santa Fe

For more information or sponsorship opportunities, please contact Tylie Daniels at tdaniels@sdhospice.org or (619) 278-6509.



Another way to help the patients and families served by San Diego Hospice is to contribute to the United Way/Combined Health Agencies (CHAD). If you would like to make a contribution to San Diego Hospice through the United Way/CHAD, please make your wishes known by designating your gift to code 5588.



SAN DIEGO HOSPICE
and *The Institute for Palliative Medicine*

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